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Grampound Road Guardian

Issue 131 SEPTEMBER 2023



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Julie Moutinho DPodM MCPod
Registered Podiatrist
juliemoutinho123@gmail.com



Hello Grampound Road Village, what a fabulous busy chatty Market day we had in August, lots of lovely delights and lots more to come in September.

Do come and join in.

Many will be aware of the changes we have worked hard to ensure the Hall remains viable, the next meeting is on 12th September and welcome to all who are willing to join the journey going forward. New ideas and young enthusiastic minds are now wanted to boost the future of our Village Hall.

A Tuesday evening new group for sewing will meet on 5th September at 6.30 - 9.30.

This has been requested by a number of people and will be open to all,

(though under12's must be accompanied.)

Help to set up and breakdown the tables is anticipated.

The cost will be £5 a session to include refreshments.

All areas of sewing you want to try, let's explore together.

Bring your own materials, machine and ideas of what you fancy, so far dressmaking, handbag, and Christmas gift have been suggested.

Your individual sewing bee!

See you on 5th September and later at the Market.

Gill & Sue

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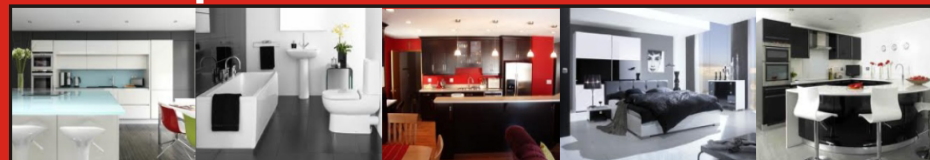
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CUT OFF DATE FOR NEXT EDITION IS 19TH OF THE MONTH

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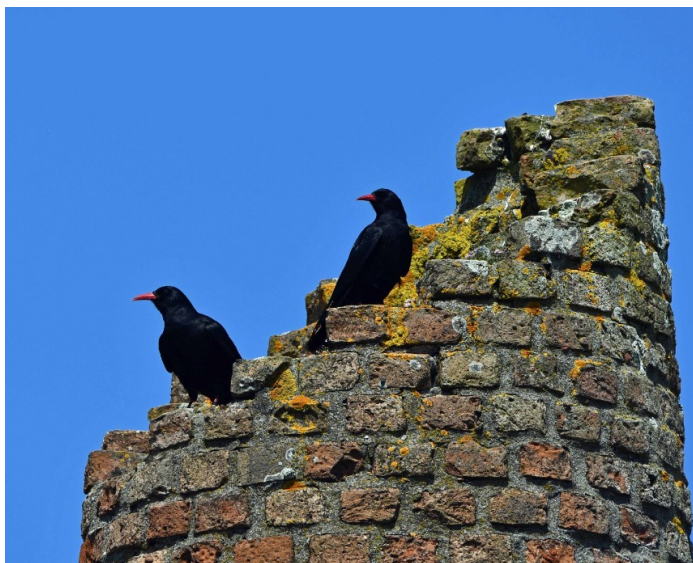
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We're so Choughed!

This summer conservationists celebrate the biggest record-breaking year in the population numbers of Choughs in Cornwall with approximately 112 chicks fledged by 39 successful breeding pairs. The Cornish Chough population continues to spread around the Cornish coast this year, with breeding success on the Roseland and north of the Camel Estuary. The oldest Cornish Chough at 18 years old, once again fledged five chicks this year with his mate, for the third time in four years. Choughs were once extinct in Kernow and numbers are still struggling elsewhere in the UK. The success of bringing back Choughs to Cornwall is down to the partnership work of the RSPB, The National Trust, Natural England, Cornwall Birds (CBWPS), nature-friendly farmers and landowners, and dedicated volunteers. If you spot a Chough in Cornwall, even in your garden, email your sightings to: choughs@cbwps.org.uk.



A pair of Cornish Choughs perched on the ruins of a Cornish tin mine by Rowena Castillo Nicholls

Grampound Road Cricket Club



SEPTEMBER 2023 HOME FIXTURES				
Saturday 2	1 st XI 3 rd XI	Redruth 2 Lanhydrock 2	County 1 Division 4 East	12.30pm 1.30pm
Sunday 3	Over 45s Hundred	Competition	4 teams representing North, South, East & West Cornwall	10.30am
Saturday 9	2 nd XI 3 rd XI	Newquay 2 Wadebridge 2	Division 3 East Division 4 East	1pm 1pm
Sunday 10	Royal Cornwall	Hospital Trust T20	Charity Match	10.30am

Full match reports can be seen on our weekly newsletter: www.grcc.play-cricket.com/news

Voneus Broadband National Village Cup:

Grampound Road's historic Cup run finally came to an end on Sunday 30th July when they played Kent side Leeds & Broomfield CC at home in the National semi-final.

The Kent side batted first and showed their class by reaching a total of 193-5 in their 40 overs. Best bowling for the Road was 2-37 from Alex Lean and 2-38 from Lewis Sanders. Alex Lean also claimed best batting score (26) by being the only Grampound Road batsman to reach double figures. They were bowled out for 70 meaning a disappointing end to what had been a fantastic cup run. Although not quite making it to the Lord's Final, it was quite an achievement to reach this stage with over 350 teams from all over the Country entering the competition and going further than any other Cornish side since 1994.

Women's XI:

The Women's XI has had a successful season, winning the East section of the Cornwall Women's League with some outstanding performances and victories along the way. They are due to meet Penzance CC, the winners of the Western section, later in August. Congratulations ladies!

Senior League roundup:

At the time of writing, the 1st XI's results have taken an upward turn and the team are easing away from the relegation danger zone, and with a game in hand over their nearest rivals, are hopeful of a mid-table finish to the season.

The 2nds are fairly comfortable in their division 3 League, but the 3rds and 4ths have found it difficult this year to keep settled sides due to unavailability of players on a regular basis. The 4th XI use their League to introduce our younger players to senior cricket, so results are not seen as important as giving this valuable experience.

RCHT Charity T20 – Sunday 10th September from 10:30 at Grampound Road CC

We are proud to be hosting this event and hope to see a large number of supporters enjoying a great day, all in the name of raising funds for a fantastic cause. There will be a raffle and, of course, the bar will be open all day! Everyone welcome.

Quiz Dates for 2023 – All welcome 7.30pm:

September 22nd; October 20th; November 10th; December 8th

Social Events coming up ... All Welcome

Saturday 26th August: Race Night

Wednesday 4th October: Johnny Cowling (ticketed event)

Friday 6th October: 'High Voltage'

Golf Day at the Trevoze Golf and Country Club – Friday 27th October 2023

Landscapes Of Distinction; Down The Garden

It has been a great month for us working on several local projects. We are particularly excited to have completed stage 1 of building the Fontana Tranquillity Garden at Cornwall Hospice Care in St. Austell, supported by Contec SW, Hutton Hire, Dial-a-digger, PPP Installations, CHG Adapt and Fontana Garden.

We have replaced and extended the main patio making it accessible for several beds and created a smaller intimate patio. In the next week we will be working, supported by volunteers to plant the surrounding areas.

The first part of phase 2 is complete with the foundations of the tree top room, and in the next few weeks the building will be re-erected ready for the official opening. Kim, the designer says “I am passionate about the power of nature and the support and comfort it can provide. Together, Derek and I, have worked to produce this very special gift.



The garden will offer quiet contemplation and feature a treetop outside room, two intimate seating areas and a beautiful pond with running water. For patients with more limited mobility the garden can be seen from bedrooms and the patient lounge.

Gina Starnes, the Hospice Charity Director, says “We’re extremely humbled by Derek Bishop's generous donation of

the garden to our Hospice where it will offer a place of solace and comfort for our patients, their families and our staff and volunteers.”

Kim continues, “We believe it is an amazing opportunity to help people at a difficult time of their lives.”

We are sadly fast approaching the end of the garden shows with just the Malvern Autumn Show but it’s an amazing show to finish the season with. Although autumn is approaching there are lots of jobs left to do in the garden.

Jobs for September

- Continue to maintain your baskets and tubs; feeding, dead heading and watering can ensure they continue until mid-autumn.
- Prune back any perennials that are fading and dying down. Any good clumps can now be divided too. This will help improve the shape and flowering for next year.
- Dig up any remaining potatoes before slugs damage them.
- Net ponds before too many leaf’s start to fall.
- Take cuttings from tender perennials such as Osteospermum and Pelargonium. If you don't have a greenhouse grow them on the windowsill.
- Start to protect any tender perennials but wait until the first frosts to hit dahlias or cannas.
- The growth on your lawn should be starting to slow down. Think about scarifying and aerating before applying a top dressing. This will help prepare your lawn for the winter.
- Autumn is a good time to apply a weed killer to perennial weeds as they are more vulnerable in the autumn. By using a glyphosate-based product it will penetrate into the roots as well as killing the top growth.
- Start buying and planting spring flowering bulbs.
- Sow sweet peas for an early crop of flowers next year but ensure they don't become too wet.
- Now is an ideal time of year to create new lawns either from turf or seed.

Need Some Help?

If all this sounds too much and you would like some help give me a call on 01872 519101 or 07888899012. Further information and tips are available on my website www.landscapesofdistinction.co.uk or my Facebook page [landscapesofdistinctioncornwall](https://www.facebook.com/landscapesofdistinctioncornwall).

Kim, Landscapes of Distinction

